



Future Inspired Native American Leaders College & Career Readiness

Mentorship Program Frequently Asked Questions

*Change a Youth's Life
Become a Mentor!*



Q: Why should I become a Mentor?

A: Becoming a Mentor is a fulfilling and fun experience. You have the opportunity to make a large impact on a youth's life by changing their perspective of the world while imparting advice and sharing common interests and hobbies. Research has shown that mentoring improves a youths' behavioral, social, emotional and academic outcomes. Research has also shown that Mentors have a greater sense of gratification and sense of purpose as well as gaining outside perspectives than help them in their careers.

Q: How old will my prospective Mentee be?

A: You will be matched with an American Indian High School youth between the ages of 14-18. During the matching process you will be interviewed and asked about your interests, time availability, and other questions to help ensure we match you with an appropriate Mentee.

Q: How much time must I commit to the youth and the Mentorship Program?

A: We ask that you meet between 2-4 times per month with your mentee. This can be participating in our program sponsored activities or activities you plan on your own. We request Mentors commit to at least 1 year in the program.

Q: What support will I receive from the Mentorship Program?

A: After attending your interview meeting and committing to the program you will receive a training to help you have a positive, successful experience in the mentorship program. We offer at least 1 scheduled group event each month to which you can bring your mentee and will schedule additional group events as needed. You will have direct access to a program staff member with whom you may speak to at any time. We will be with you every step of the way!

Q: Is there a cost to participating in the Mentorship Program?

A: We offer a minimum of 1 free activity each month and there are many local, free activities in which you and your Mentee can participate. We will connect you to agency resources with free ticket offers and discounted events. Keep in mind, the time you spend with your Mentee is the most valuable part of your relationship.

Q: Is there anything further I need to know?

A: We have partnered with Big Brothers Big Sisters of Central Arizona, a premier, national expert in mentoring programs.

Join us at our next orientation to learn more about the program. Contact Bridget Blixt at 602.264.6768 or bblixt@phxindcenter.org for the date, time and location of the next orientation.